



New Ballet Health and Safety Standards September 2022

New Ballet's utmost priority is the safety of our staff, students, and families. Throughout the pandemic, New Ballet reserves the right to establish Health and Safety Standards at least as restrictive as those ordered by the [State](#) and [County](#). New Ballet will continue to layer mitigation strategies to minimize COVID-19 transmission in our community, and the following Standards are subject to change as the State of California and Santa Clara County public health mandates evolve. These Standards apply to all New Ballet affiliates, and all must read and understand the current New Ballet Health & Safety Standards prior to joining in-person classes.

Vaccinations

Following the recommendations of the CDC and the World Health Organization that all eligible individuals, currently ages six months and older, should be vaccinated against COVID-19, New Ballet strongly encourages all eligible students to be [up to date in their vaccinations](#). New Ballet requires that all instructors, staff, and volunteers be up to date in their vaccinations where medically allowable.

Testing

While we encourage weekly testing for all New Ballet students and staff who are up to date on their vaccinations, testing for this population is not required. Anyone with COVID-19 symptoms should immediately test with an antigen test if they are known to have had COVID-19 within the past 90 days, otherwise a PCR test is recommended. Please check with your insurance plan for instructions on how to submit COVID-19 antigen test kit receipts for reimbursement.

Any unvaccinated student who plans to register for performances is asked to test weekly, with twice-weekly testing encouraged, during rehearsal season. All performers, regardless of vaccination status, are asked to test either with a PCR test within 72 hours before entering the theatre, or with an antigen test within 24 hours before entering the theatre. All positive test results should be reported to EHutter@newballet.com.

Santa Clara County reminds patients of all healthcare systems that they have a right to a COVID-19 test from their own healthcare provider if they have symptoms or have been exposed to someone who has COVID-19. Individuals may also check www.sccfreetest.org for a participating pharmacy or a County testing site.

Masks

Regardless of vaccination status, school students, staff, and faculty are strongly encouraged to wear well-fitting high-filtration respirator masks (N95, KN95, or KF94) at all times in the New Ballet building and at any New Ballet indoor activity or event. This is especially the case for individuals who are—or who share a household with individuals who are—immunocompromised or in a higher-risk category. If you have been exposed to COVID-19 but are not experiencing



symptoms of illness, you may join in-studio classes but you must wear a mask for ten days. Masks should fully cover the nose and mouth. Surgical or medical grade masks are less effective, and cloth masks are significantly less effective.

Studios & Hand Hygiene

Students and employees must wash hands with soap for at least 20 seconds before entering the indoor studio area. Barres and other touched surfaces must be wiped with sanitizer wipes after each use.

Access to Building Interior

All Pre-Primary through Junior Pre-Professional Division students, as well as any student requiring additional assistance, may be escorted by their guardian to and from the guard security desk. All other students should be dropped off and picked up outside the building at 196 N. 3rd Street. No unenrolled family members or friends may pass the guard security desk into the ballet lobby area or studios without permission (such as to purchase a uniform, observe a trial class, or other permitted reason.) Dressing rooms will be closed for school students, so all students must come wearing their uniform under their outerwear, with their hair prepared for class, and carrying their dance shoes.

It is expected that guardians will discuss with their young students the policy of dropping off at the security guard desk, where a staff member or Teachers' Assistant will escort the student to meet with their class in the lobby.

To minimize crowding as well as to honor employees' work schedules, students must be picked up within 15 minutes of class dismissal or a \$25 fine may be charged.

Restrooms

Restroom use is permitted as needed, but it is best for students to use their restroom at home if possible. Restroom use is only for enrolled students, dancers, and staff. Students must wash hands (soaping for minimum 20 seconds) after bathroom use. Restrooms may not be used for changing clothing.

Water Breaks

All students should bring all the water they intend to consume each day at New Ballet in pre-filled non-breakable water bottles. No water-bottle filling stations will be available. Water breaks are permitted when teachers allow. As always, tree nuts are not permitted in the building.

Self-Monitoring

Temperature will no longer be checked at the security guard desk. No individual should enter the building with any symptoms of illness. Students appearing ill or reporting symptoms of illness may be denied admission to the building or may be sent home and may not return until



they are 24 hours symptom-free and fever-free. We encourage families to report students' elevated temperatures to their primary physician.

On-Site Illness

Any student who starts to feel or appear ill during class or rehearsal will wait near the security guard desk to be picked up by a guardian. Guardians or adults from the student's emergency contact list must retrieve an ill student within one hour of being contacted by New Ballet staff. Families are to follow-up with their student's primary care physician.

Exposure and Positive Test Procedures

Individuals who were exposed to someone with suspected or confirmed COVID-19 and who are asymptomatic are not required to quarantine regardless of vaccination status, but must test within 3-5 days of the last exposure and must wear a mask for ten days when indoors. If an exposed individual is symptomatic, they must stay home and test immediately.

Anyone regardless of vaccination status who tests positive for COVID-19 should be isolated for a minimum of five days and may not enter the building. Please see these [COVID-19 Guidelines Flowcharts](#) if you have tested positive or are experiencing symptoms.

Case by case notifications of COVID-19 exposure will not be sent when positive test results are reported, as community transmission continues in Santa Clara County.

Remember that all attendance issues, including absences, tardinesses, and early dismissals, must be reported to school@newballet.com. Students are welcome to continue their ballet training online during any necessary waiting periods. If a student wishes to join class online, they must make this request prior to 3:00pm of the day of their class by email to school@newballet.com.

Please note that while New Ballet adheres to California State and Santa Clara County public health orders, and strives to enforce these orders within its capability in all its programs, current orders and these Health and Safety Standards do not grant immunity to any individual from the ongoing pandemic. It is the responsibility of each participant to uphold these protocols, to be in compliance with state and county health and safety orders through [social media](https://twitter.com/HealthySCC) (<https://twitter.com/HealthySCC>) and the [COVID-19 website](https://www.sccgov.org/sites/covid19/Pages/home.aspx) (<https://www.sccgov.org/sites/covid19/Pages/home.aspx>), including Guidelines for Programs Serving Children and Youth ([Coronavirus and Education Programs - Emergency Operations Center - County of Santa Clara](#)), and to fully and honestly report any symptoms of self or household members.